

# Delta Dental PPO plus Premier Delta Dental PPO-Exclusive Provider Network

**Benefits for City of Hampton**  
**Group Number: 600163**  
**Effective Date: January 1, 2014**

You have three dental plan choices: DeltaCare (refer to DeltaCare packet), Delta Dental PPO Plus Premier or **Delta Dental PPO (Exclusive Provider Network (EPN))**. This sheet provides a brief description and comparison of important features of the Delta Dental PPO Plus Premier program and the **Delta Dental PPO (EPN)**. Under the Delta Dental PPO Plus Premier program, you may use any dentist you wish. Under the **Delta Dental PPO (EPN)**, in most cases you must use a **Delta Dental PPO dentist**.

Plan Benefit Design	Dental Plan Choices			General Plan Information
	PPO Plus Premier*		PPO	
	In Network	Out of Network		
Annual Deductible	\$25	\$25	\$25	Limit of 3 per family per calendar year
Annual Benefit Maximum	\$1000	\$1000	\$1000	Per enrollee, per calendar year
Orthodontic Lifetime Maximum	None	None	\$1000	Per enrollee, for subscriber and covered dependent
*The amounts listed under the Plan Differential are the deductible and maximum benefits permitted. The in-network and out-of-network deductibles and maximums are not separate and amounts applied to one will apply to the other.				

## Covered Benefits and Coinsurance

(Delta Dental will pay the stated percentage of the plan allowance based on the dentist's participation with Delta Dental.)

Coverage	PPO Plus Premier*		<b>PPO</b>	Benefit Limitations
	In Network	Out of Network		
<b>Diagnostic and Preventive Care &amp; Prevention First</b>	100%	80%	100%	<i>(These services are exempt from the deductible and from the annual benefit maximum)</i>
<ul style="list-style-type: none"> <li>– Oral exams and cleanings</li> <li>– Fluoride applications</li> <li>– Bitewing X-rays</li> <li>– Full mouth/panellipse X-rays</li> <li>– Space maintainers</li> <li>– Sealants</li> <li>– Healthy Smile, Healthy You® Program</li> </ul>				<p>Twice each in a calendar year. Periodontal cleaning is considered a regular cleaning and is subject to the benefit limits for regular cleanings. Once each calendar year for dependents under the age of 19.</p> <p>Bitewing X-rays are limited to once in a calendar year limited to a maximum of 4 films or a set (7-8 films) of vertical bitewings. Limited to once in a 3-year period.</p> <p>Once per lifetime for dependents under the age of 14.</p> <p>Only for non-carious, non restored 1<sup>st</sup> and 2<sup>nd</sup> permanent molars for dependents under age 16, one application per tooth.</p> <p>Enrolled members who have certain high risk cardiac conditions or are pregnant, diabetic, or undergoing cancer treatment via chemotherapy and/or radiation are entitled to an additional cleaning and exam (or periodontal maintenance visit, if the member has a history of periodontal surgery). Cancer patients are also entitled to an additional fluoride application beyond the age limitation of the group contract.</p>
<b>Basic Dental Care</b>	80%	60%	80%	<i>(Deductible Applies)</i>
<ul style="list-style-type: none"> <li>– Amalgam (silver) and composite (white) fillings</li> <li>– Stainless steel crowns</li> <li>– Oral Surgery</li> <li>– Denture repair and recementation of crowns, bridges and dentures</li> <li>– Endodontic services/root canal therapy</li> <li>– Periodontic services (scaling and root planing, soft tissue and bony surgery, including grafts)</li> </ul>				<p>Retreatment only after 2 years from initial treatment. Composite (white) fillings are limited to upper and lower 6 front teeth.</p> <p>Limited to primary (baby) teeth for participants under age 14.</p> <p>Simple extractions, impactions, and other surgical procedures. Cost limited to ½ the allowance of a new denture or prosthesis.</p> <p>Repeat treatment only after 2 years from initial root canal therapy treatment.</p> <p>Limitation of 2-3 years apply based on services rendered.</p>

## Covered Benefits and Coinsurance

(Delta Dental will pay the stated percentage of the plan allowance based on the dentist's participation with Delta Dental.)

Coverage	PPO Plus Premier*		PPO*	Benefit Limitations	Benefit Waiting Period**
	In Network	Out of Network			
<b>Major Dental Care</b>	<b>50%</b>	<b>40%</b>	<b>50%</b>	<b>(Deductible Applies)</b>	<b>12 months</b>
<ul style="list-style-type: none"> <li>– Prosthodontics/dentures / bridges</li> <li>– Crowns</li> <li>– Implants</li> </ul>				<p>Once every 5 years, and only when an existing prosthesis cannot be rendered serviceable. Fixed bridges or removable partials are not benefits for Dependents under age 16.</p> <p>Once per tooth every 5 years, and only when an existing crown cannot be rendered serviceable. Benefit available only when tooth is damaged by decay or fractured to the point it cannot be restored by an amalgam or composite restoration.</p> <p>Crowns for dependents under the age of 12 are not covered.</p> <p>Temporary prosthetic devices are not a separate benefit. Any charge for these devices is included in the fee for the permanent device.</p> <p>Implants are limited to once in a life-time per site.</p>	
<b>Orthodontic Benefits</b>	<b>N/A</b>	<b>N/A</b>	<b>50%</b>	<b>(These services are exempt from the deductible.)</b>	<b>None</b>

\*Please refer to **Choosing a Dentist**.

\*\* The Benefit Waiting Period may be waived or you can receive credit if you have had prior comparable dental coverage for the period immediately before the effective date of your coverage under this Contract without a break in coverage. Proof of prior creditable coverage is required.

### CHOOSING A DENTIST

You may select the Dentist of your choice. However, you will receive the highest level of benefits available in your group's program by choosing a Delta Dental PPO Dentist. In addition, your out-of-pocket costs will usually be lower if you use a participating dentist. If you choose a:

Delta Dental PPO Dentist	Delta Dental Premier Dentist who is not a Delta Dental PPO Dentist	Non-Participating Dentist
<ul style="list-style-type: none"> <li>• Payment will be made directly to the dentist for covered benefits.</li> <li>• Delta Dental's payment will be based on the Delta Dental PPO Allowance for covered benefits.</li> <li>• The dentist will accept Delta Dental's payment, plus any required co-insurance and deductible (if applicable) as payment in full for covered benefits.</li> </ul>	<ul style="list-style-type: none"> <li>• Payment will be made directly to the dentist for covered benefits.</li> <li>• Delta Dental's payment will be based on the Delta Dental Premier Allowance for covered benefits.</li> <li>• Delta Dental Premier dentist's have agreed to accept Delta Dental Premier Allowances plus any required coinsurance and deductible (if applicable) as payment in full for covered benefits.</li> <li>• The amount you would owe a Delta Dental Premier Dentist who is <u>not</u> a Delta Dental PPO Dentist may be higher than the amount you would owe a Delta Dental PPO Dentist for the same covered benefits.</li> </ul>	<ul style="list-style-type: none"> <li>• Payment will be made directly to you (unless Virginia law requires otherwise).</li> <li>• Delta Dental's payment will be based on Non-Participating Dentist Allowances for covered benefits.</li> <li>• You will be responsible for any required co-insurance and deductible (if applicable) as well as the difference between the non-participating dentist's charge and Delta Dental's payment for covered benefits.</li> <li>• The amount you would owe a Non-Participating Dentist may be higher than the amount you would owe a Delta Dental PPO or Delta Dental Premier Dentist for the same covered benefits.</li> </ul>

**Delta Dental PPO [Exclusive Provider Network] - You must select a Delta Dental PPO Dentist to receive covered benefits except when emergency services are needed and you are 35 miles from a Delta Dental PPO Dentist. If you choose a:**

Delta Dental PPO Dentist	Out-of-Area Emergency Services by a Dentist not in the Delta Dental PPO network
<ul style="list-style-type: none"> <li>• Payment will be made directly to the dentist for covered benefits.</li> <li>• Delta Dental's payment will be based on the Delta Dental PPO Allowance for covered benefits.</li> <li>• The dentist will accept Delta Dental's payment, plus any required co-insurance and deductible (if applicable) as payment in full for covered benefits.</li> </ul>	<ul style="list-style-type: none"> <li>• Payment will be made directly to you (unless Virginia law requires otherwise) for covered out-of-area emergency services; except in cases, when your out-of-area emergency services are provided by a Dentist that participants with a Delta Dental member company (including Delta Dental of Virginia).</li> <li>• The maximum amount that Delta Dental will pay for out-of-area emergency services is \$50.</li> <li>• If out-of-area emergency services are provided by a Dentist that participants with a Delta Dental member company (including Delta Dental of Virginia) you will be responsible for the difference between the benefit maximum and the plan allowance.</li> <li>• If out-of-area emergency services are provided by a Dentist that does not participant with a Delta Dental you will be responsible for the difference between the benefit maximum and the billed charges.</li> </ul>

## **COVERAGE IS AVAILABLE FOR**

- Enrollee and spouse
- Dependent children, only to the end of the month they reach age 26 (the "limiting age").

## **USING YOUR DENTAL PROGRAM**

To use the program, just call the dental office of your choice and make an appointment. Participating dentist offices will have claim forms in the office and will complete and submit the form to Delta Dental of Virginia (Delta Dental). A complete list of participating dentists is included on our website at [www.deltadentalva.com](http://www.deltadentalva.com) or can be obtained by calling 1-800-237-6060.

The Dental program allows you to:

- change dentists at any time without pre-approval
- go to a specialist without pre-approval

During your first appointment, provide your dentist with the following information:

- the subscriber's identification number
- inform the dentist that your program is through Delta Dental of Virginia

## **EXCLUSIONS**

The following are not covered benefits under any circumstances **unless specifically identified** as a covered benefit in the plan documents.

- Services or supplies that are not dental services; also services not specifically listed as covered in the plan documents.
- Services or treatment provided by someone other than a licensed dentist or a qualified licensed dental hygienist working under the supervision of a dentist.
- A dental service that Delta Dental, in its sole discretion (subject to any and all internal and external appeals available to an enrollee), determines is not necessary or customary for the diagnosis or treatment of your condition. In making this determination, Delta Dental will take into account generally accepted dental practice standards based on the dental services provided. In addition, each covered benefit must demonstrate dental necessity. Dental Necessity is determined in accordance with generally accepted standards of dentistry.
- Dental services for injuries or conditions that may be covered under workers compensation or similar employer liability laws or other medical plan coverage; also benefits or services that are available under any federal or state government program (subject to the rules and regulations of those programs) or from any charitable foundation or similar entity.
- Dental services for the diagnosis or treatment for illnesses, injuries or other conditions for which you are eligible for coverage under your hospital, medical/surgical, or major medical plan.
- Dental services started or rendered before the date enrolled under this dental plan. Also, except as otherwise provided in the plan documents, benefits for a course of treatment that began before you are enrolled under this dental plan.
- Except as otherwise provided in the plan documents, dental services provided after the date you are no longer enrolled or eligible for coverage under the plan documents.
- Except as otherwise provided in the plan documents, prescription and non-prescription drugs; pre-medications; preventive control programs, oral hygiene instructions, and relative analgesia.
- General anesthesia when less than three (3) teeth will be routinely extracted during the same office visit.
- Splinting or devices used to support, protect, or immobilize oral structures that have loosened or been reimplanted, fractured or traumatized.
- Charges for inpatient or outpatient hospital services; any additional fee that the dentist may charge for treating a patient in a hospital, nursing home or similar facility.
- Charges to complete a claim form, copy records, or respond to Delta Dental's requests for information; charges for failure to keep a scheduled appointment.
- Charges for consultations in person, by phone or by other electronic means.
- Charges for X-ray interpretation.
- Dental services to the extent that benefits are available or would have been available if the enrollee had enrolled, applied for, or maintained eligibility under Title XVIII of the Social Security Act (Medicare), including any amendments or other changes to that Act.
- Complimentary services or dental services for which you would not be obligated to pay in the absence of the coverage under the plan documents or any similar coverage.

- Services or treatment provided to an immediate family member by the treating dentist. This would include a dentist's parent, spouse or child.
- Dental services and supplies for the replacement device or repeat treatment of lost, misplaced or stolen prosthetic devices including space maintainers, bridges and dentures (among other devices).
- Dental services or other services that Delta Dental determines are for correcting congenital malformations; also, cosmetic surgery or dentistry for cosmetic purposes.
- Replacement of congenitally missing teeth by dental implant, fixed or removable prosthesis whether the result of a medical diagnosis including but not limited to hereditary ectodermal dysplasia or not related to a medical diagnosis.
- Experimental or investigative dental procedures, services, supplies as well as services and/or procedures due to complications thereof. Experimental or investigative procedures, services or supplies are those which, in the judgment of the Delta Dental: (a) are in a trial stage; (b) are not in accordance with generally accepted standards of dental practice, or (c) have not yet been shown to be consistently effective for the diagnosis or treatment of the enrollee's condition.
- Dental services for restoring tooth structure lost from wear (abrasion, erosion, attrition, or abfraction), for rebuilding or maintaining chewing surfaces due to teeth out of alignment or occlusion, or for stabilizing the teeth. Such services include but are not limited to equilibration and periodontal splinting.
- Dental services, procedures and supplies that are needed because of harmful habits. An example of a harmful habit includes clenching or grinding of the teeth.
- Services billed under multiple dental service procedure codes that Delta Dental, in its sole discretion (subject to any and all internal and external appeals available to you), determines should have been billed under a single, more comprehensive dental service procedure code. Delta Dental bases its payment on the allowance for the more comprehensive code, not on the allowance(s) for the underlying component codes.
- Services billed under a dental service procedure code that Delta Dental, in its sole discretion (subject to any and all internal and external appeals available to you), determines should have been billed under a code that more accurately describes the dental service. Delta Dental's bases its payment on its determination of the more accurate dental service code.
- Amounts assessed on dental services and/or supplies by state or local regulation.

Amounts that exceed the plan allowances as agreed to by the dentist for covered benefits

The preceding information is offered as a brief description of the Delta Dental PPO program and what Delta Dental pays for services covered under the program. It is not intended for use as a summary plan description nor is it designed to serve as an *Evidence of Coverage* for the program. This Delta Dental PPO program is administered by Delta Dental of Virginia. If you have specific questions regarding benefit structure, limitations or exclusions, consult the *plan document* or call Delta Dental's Benefit Services Department at 800-237-6060.

### Delta Dental of Virginia Mission Statement

*"To improve the public's health through market leadership as the dental experts by delivering quality dental benefits and superior service supported by evidence-based science and innovative technology."*



Delta Dental of Virginia  
4818 Starkey Road  
Roanoke, Virginia 24018-8542  
1-800-237-6060  
[www.deltadentalva.com](http://www.deltadentalva.com)